

Bearded Dragon

Care Sheet

Common Name:

Bearded Dragon

Latin name:

Pogona vitticeps

Native to:

Australia

Size:

6 - 24 inches

Life span:

5 - 15 years



General appearance:

Medium sized lizard with a large triangular shaped head, flattened body and a tail measuring half the length of the animal. Gray, brown or reddish brown color with small spiny scales covering the body with longer scales from the back of the head. When threatened a bearded dragon will puff out its throat resembling a spiky beard. There are many different designer phases of bearded dragons available that can produce different coloration

Housing requirements:

Enclosure:

Hatchling bearded dragons can be kept in a 20-gallon aquarium for a few months. Adult bearded dragons will need a 50-gallon aquarium or larger sized cage if more than one bearded dragon is housed. Branches and rocks are needed for climbing and basking. A screen top is needed for ventilation. Do not house two adult male bearded dragons together. You can also use a screened enclosure or custom built enclosure.

Temperature:

Day: 80° - 85° F.

Night: 68° - 75° F

Basking: 95° - 105° F.

A heat lamp should be positioned over one end of the tank to produce the basking spot. Use thermometers or temperature gun to measure temperature.

Heat/Light:

Incandescent bulbs, ceramic emitter, or heat panels can be used for the basking spot. Full spectrum lighting should be provided using one of the fluorescent bulbs made for reptiles that produce both UVA and UVB wavelengths. A mercury vapor bulb which provides heat and light may also be used. Twelve hours of daylight can be provided through the use of timers.

Substrate:

Caribbean play sand is cheap, fairly easy to clean and creates a desert looking environment. However, use caution with hatchlings as some people feel it may cause impaction. Newspaper, Astroturf, paper towels, alfalfa pellets, and vitamin sand can also be used.

Environment:

Desert habitat

Diet:

Bearded dragons are omnivores. They need both animal and plant material in their diet. Crickets, locusts, cockroaches, mealworms, wax worms, silkworms, butter worms, red worms, earthworms, super worms

with an occasional pinky will all be relished by your bearded dragon. You should use caution **NOT** to feed fireflies as they are toxic to Bearded Dragons. Vegetables that you can offer included greens (turnip, kale, romaine, dandelion, endive, escarole, mustard, and collard), green beans, squash, peas, sweet potato, chicory, watercress, red bell pepper, and cilantro. Fruits can be offered about 1-2 time a week (too much can cause diarrhea) such as blueberries, strawberries, raspberries, cantaloupe, mango, kiwi, and grapes. Commercially made food is also available for your bearded dragon. Fresh water should always be provided. Some bearded dragons like to be misted and lap up the water that way. Powdered vitamin/mineral supplement may be offered 1-2 times a week.

Maintenance:

Fresh water should be offered daily. If using newsprint then clean as needed. Wood shavings should be spot cleaned as needed. Periodically, the enclosure should be disinfected. A 5% bleach solution makes an excellent disinfectant. Be sure to rinse the enclosure thoroughly after disinfecting. As always, be sure to wash your hands thoroughly after handling your bearded dragon or any cage accessories.

Other references or recommended reading:

de Vosjoli, Philippe and Robert Mailloux. General Care and Maintenance of Bearded Dragons Advanced Vivarium Systems. August 1, 1997

Palika, Liz. Your Bearded Dragon's Life. Prima Lifestyles. October 19, 2000

www.beardeddragon.org

[Bearded Dragons and Other Creatures](#)